



Presenting Sponsor



## Game 6

# Dodge Ball

**Grades:** 4-6

**Number of Players:** 15-30

**Where to Play:** Outside or in an open area

**Equipment:** 5-10 dodge balls

**How to Play:**

- Form two even teams on opposite sides of a dividing line which players cannot cross.
- Balls are placed on the dividing line and both teams start at the back of the playing area equal distances from the dividing line. When someone yells "dodge ball" both teams may run and pick up the balls on the dividing line.
- To eliminate a player, a player hit with a ball or a player that throws a ball and the other team catches is out and must sit on the sideline.
- If a teammate catches an opposing player's throw he may designate one teammate who is out to return to the game.
- Players who hit someone in the head must sit out the current round.
- The game ends when one team has no remaining players.

**Safety Tips:** Set rules that throwing at one's head and private parts are not permitted.

*Community Sponsors*

Blue Cross Blue Shield of MT, Bozeman Chronicle, Helena Independent Record, Missoulian, Montana News Stations (KTVQ, KBZK, KSLF, KRTV, KXLH, KAJ, KPAX)

*Contributing Partners:* Eat Right Montana, Montana Nutrition and Physical Activity Program (DPPHS), Montana Association of School Superintendents, Billings Clinic, Albertsons, Wendy's

*BSSG Major Sponsors:* First Interstate Bank, Kampgrounds of America, Bresnan Communications