



Presenting Sponsor



Week 11 Apr. 13-17

Breakfast Makes a Difference

DID YOU KNOW?

Choosing Foods Grown In Montana Is Good For Your Body, The Economy, And The Environment?

- *The less a food has to travel, the fresher it is when it gets to your plate. This means more healthy nutrients for your body and less pollution from the trucks, trains, boats, and planes that transport food across the country and around the world.
- *Buying food from your state helps the people that grow and raise it. Can you think of the reasons why this is true?
- *What are some foods grown in Montana that you already eat or plan to?

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