



Program Of
MONTANA'S
BIG SKY
STATE GAMES

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Game 11

Crab Walk Relay

Grades: 4-6

Feeling Crabby? Start Walking!

Number of Players: 6 or more players

Where to Play: Outside or in an open area on a safe surface

How to Play:

- Form 2 even teams
- The first players on each team get into crab walk position (on their hands and feet with their stomachs pointed toward the sky)
- Put a shoe on their stomachs
- On 'go' the players must crab walk forwards from the starting line to the end of the playing field.
- Then they have to return to the starting line crab walking backwards.
- Then the next person in line goes.
- The first team to finish wins.

Safety Tips: Play on a soft surface that won't harm students when crab walking.

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